

TOOLBOX TALK (LADDER SAFETY)

SS-WHS-SAF-000

Authorised By:

Rev 1 [Publish Date]



TOPIC	Ladder Safety		
SITE / PROJECT			
SUPERVISOR		DATE	

Background:

- Ladders are common tools we use every day, but it's essential to use them safely to avoid injuries.
- In Australia, we have rules and guidelines to make sure we stay safe when working with ladders.
- Most ladder accidents happen because of simple mistakes or not using ladders the right way.



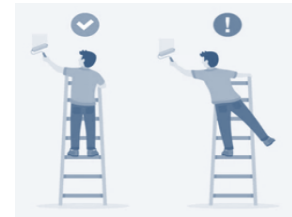
Hazards and common issues:

- Make sure the ladder is the right size for the job.
- Check that it can hold your weight and the weight of tools.
- Place the ladder on a flat and stable surface.
- Avoid using ladders on slippery or uneven ground.
- For extension ladders, make sure they are fully extended and locked in place.
- Don't stretch too far to the side—move the ladder instead.
- Always keep your belly button between the ladder's sides.



Safety controls:

- Check the ladder for any damage before use.
- Report any broken or wobbly parts immediately.
- Always have three points of contact—two hands and a foot or two feet and a hand—when climbing.
- Face the ladder and climb using both hands and feet.
- Don't carry heavy tools while climbing; use a tool belt or rope.
- Be cautious in windy or rainy weather.
- If it's too windy or wet, it's safer to delay the job.



Feedback from staff or notes:

SIGNOFF

Name and Signature	Name and Signature