

TASK	HC / MC Truck					
HAZARDS	Flying debris		Heat / cold		Electricity	
	Cuts / laceration		Dust		Rollover	\boxtimes
	Pinch / crush	\boxtimes	Noise / vibration		Plant interaction	\boxtimes
	High pressure		Other:		Chemical	
PPE REQUIRED						

PRE-START CHECKS

- 1. Walk around the truck, inspecting for any visible damage to the body or structure.
- 2. Complete all pre-start checks as per manufacturer's specifications.
- 3. Ensure that coupling devices (fifth wheel, kingpin, airlines) are secure, intact, and lubricated.
- 4. Confirm that required safety equipment, like fire extinguishers and reflective triangles, is present and in good condition.
- 5. Adjust the seat and adjust mirrors from inside the cab for optimal driving posture and visibility.

SAFE OPERATING PROCEDURE

- 1. Ensure personnel are competent and authorised.
- 2. Ensure personnel are fit for duty and not impaired by drugs or alcohol.
- 3. Do not use a mobile phone while operating.
- 4. Always wear your seat belt.
- 5. Start the engine and let it idle, watching for warning lights.
- 6. Conduct a brake check to ensure proper function.
- 7. Keep to road rules, use suitable gears for your load, and increase your following distance due to the vehicle's size and weight.
- 8. Use engine braking judiciously on downhills to maintain control.
- 9. Secure the load to prevent shifting that can impact truck stability.
- 10. While onsite, operate at a safe speed and maintain exclusion zones around people, powerlines, and other hazards (use spotters if necessary).
- 11. Beware of uneven or sloping ground.
- 12. Employ the help of a spotter for safe reversing and take care during manoeuvres to avoid rollover or jackknife incidents.

POST-OPERATION PROCEDURE

- 1. Set the parking brake, turn the ignition off, and remove the key.
- 2. After parking, inspect the truck for any new damage or malfunctions that may have occurred during the trip.
- 3. Record any mechanical or performance issues in the maintenance log.
- 4. Clean the cabin, removing rubbish and personal belongings to leave it tidy.
- 5. Log trip details including mileage and fuel usage in the appropriate logbook.
- 6. Lock the cab, secure any opened compartments, ensure the vehicle is parked safely in an authorised area and return the keys to their designated area.